

MMDA. 5/30/65

M M D A

may 31 eclipse day-1965

drugs were taken at 11:30 for Andrew 100mg Nancy 15 LSD and later 40 ritalin

may 30 Nancy took MMDA 100 mg while I had harmaline this report concerns Nancy's
mmda ~~dmmda~~

It seemed to take 45 minutes to work and then came on very suddenly and 'hit 'me almost like a blow on the head; as if my eyeballs were being pulled out and my whole head expanding; Soon a COLD feeling set in and shivering; this was not unpleasant but was in marked contrast to the Ritalin which gave a warm feeling of activity and verbalization entirely different than this.

The cold was as if I was in carbonated water (this occurred as I was having the vision of a carbonated pool of water or nearly at the same time in retrospect) there was no anxiety; then the lite seemed to dim in the room-this a retinal phenom or having to do with the eclipse? in the pacific at about 3 pm;

My state in about 2 hrs seemed to be one of empathy and passivity, compassion of an impersonal sort; the music sounded artificial and canned and tinny in contrast to the voices which sounded rich full and finely precisely articulated and melodious

Also I had the impression there was a lot of stuff in my head I was not talking about;

Later when left alone the hallucinations occurred; as clear as any I have had on other hallucinogens; (c)

these were not kaleidoscopic or assembly line or oriental patterns, but life like with vast open spaces (typical of her paintings and essence person patterns) with people moving slowly and leisurely much realism; I could conjure up monsters when asked but these had an artificial quality-they were eating something; other visions of much food preparation and skinning and preparing of animal skins. drying scraping etc; many wild flowers and WIND-streams which were already part of the ocean; I regretted its wearing off; it did so very slowly; I was in a paradise concerned with externals and conforming to the structure we had set up and perfectly satisfied to be all available and all out there with you; the internal things and hallucin later were interesting but the realness and n ness? not nearness I think-- of reality was very gratifying; a similar outerness with ritalin but it was more warm and dramatic not so ethereal; no profound philos thoughts but direct sensations which started with physical then emotional; no thoughts or judgments of people or things; no facial distortions (she gets visual and auditory hallucin-sounds of water running, creating 'music' of squeaks etc)

POSSIBLE USES

good for one with a lot of anxiety which shuts him off from experience; those who are full of "I like, or "I don't like" they are so preoccupied that they don't see the things out there that are really going on, but project and shut off etc. I had a detached feeling while the ritalin seemed more personal and closely empathetic; sort of chummy and talky and pink tissue, mmda was more like clear mountain air

with lsd my thoughts go circularly, I get caught up in flippant philos ideation brain storms almost a mental masturbation.

I was so preoccupied by Andrew's answers to my questions that (with ritalin) the images they caused in my mind caused me to be almost physically removed; feel this way Andrew seemed to 'work' to overcome the passivity this mmda induced